

# Psychological Services Center Resource List\*

\*information from adamhfranklin.org. The Psychological Services Center does not explicitly recommend any offices for treatment. Individuals are encouraged to contact offices for more information on services, insurance acceptance and affordability

\*\*OSU Student specific resources are listed on the last page

## **For Immediate assistance or in case of emergency:**

<b>OSU Emergency Department</b>	<b>614-293-8333 or 911</b>
<b>National Suicide Prevention Hotline</b>	<b>614-221-5445</b>
<b>Crisis Text Line</b>	<b>741-741</b>
<b>24 Hour Crisis Text Support</b>	<b>839-863</b>
<b>Netcare Access (for adults 18 and older)</b>	<b>614-276-2273</b>
<b>Nationwide Children's (17 and under)</b>	<b>614-722-9372</b>

## **Africentric Personal Development Shop**

- **Website:** [www.apdsinc.org](http://www.apdsinc.org)
- **Address:** 1409 East Livingston Avenue Columbus, Ohio 43205
- **Phone:** 614-253-4448
- **Email:** arubin@apdsinc.org

The Africentric Personal Development Shop (APDS) provides culturally specific alcohol and drug treatment and prevention programs, along with violence prevention programs. APDS services also include assessments, individual and group counseling, education sessions, personal development and various community development activities.

## **Alvis, Inc., dba Alvis House**

- **Website:** [www.alvis180.org](http://www.alvis180.org)
- **Address:** 2100 Stella Court Columbus, Ohio 43215
- **Main Phone:** 614-252-8402
- **Main Fax:** 614-252-5326
- **Community Reentry Center:** 614-252-0660
- **Recovery Choices Intake:** 614-600-7639
- **Email:** info@alvis180.org

Since 1967, Alvis has provided reentry programs for individuals and families who have become involved in the criminal justice system. Alvis serves people with intellectual/developmental disabilities who also face behavioral challenges. The reentry programs include residential reentry; workforce development services; and substance abuse treatment. Residential reentry clients are referred by courts and/or corrections agencies. Individuals may self-refer or be linked by other service providers to the job readiness and workforce development services (including GED instruction and skills certification courses). In Developmental Disabilities (DD) Services, the agency operates an Intermediate Care Facility, supported living programs and behavioral support programs. DD services provided by referral – contact Alvis for more information. All Alvis House programs include, but are not limited to,

comprehensive assessment and individualized treatment planning; individual and group therapy; cognitive behavioral therapy; job readiness services and work experience opportunities; family support programming; recovery support; and community engagement activities.

### **Amethyst, Inc.**

- **Website:** [www.amethyst-inc.org](http://www.amethyst-inc.org)
- **Address:** 455 East Mound Street Columbus, Ohio 43215
- **Phone:** 614-242-1284
- **Fax:** 614-242-1285

Founded in 1984, Amethyst provides gender responsive treatment for women struggling with addiction, mental health issues and trauma, and their families. Amethyst is one of only a few programs in the country that allows children under 18 to live with their mother during the recovery process.

### **Buckeye Ranch**

- **Website:** [www.buckeyeranch.org](http://www.buckeyeranch.org)
- **Address:** 5665 Hoover Road Grove City, Ohio 43123
- **Phone:** 614-384-7700

The Buckeye Ranch provides a comprehensive continuum of mental health care for children, adolescents and families. Services include open residential, secure/intensive residential, treatment foster care, equestrian and small-animal therapy, intensive in-home counseling and case management services, outpatient office-based therapy, partial hospitalization and prevention education, and substance abuse treatment for adolescents.

### **Central Ohio Area Agency on Aging**

- **Website:** [www.coaaa.org](http://www.coaaa.org)
- **Address:** 3776 S. High Street Columbus, OH 43207
- **Phone:** 614-645-7250
- **Fax:** 614-645-3884
- **Email:** [coaaa@coaaa.org](mailto:coaaa@coaaa.org)

The Central Ohio Area Agency on Aging (COAAA) provides information, resources and education to the community. COAAA also provides services for elderly residents to continue independent living in their own homes. COAAA's vision is to be a leader in a caring and compassionate community that fully understands the aging process and the complex issues involved in meeting the needs of those COAAA serves. The community will have a well-funded range of services offering choices in long-term care that support a high quality of life.

## **CHOICES, Eliminating Domestic Violence**

- **Website:** [www.choicescolumbus.org](http://www.choicescolumbus.org)
- **Address:** 500 W Wilson Bridge Rd, Ste. 245 Worthington, Ohio 43085
- **Crisis Hotline: 224-4663 (V/TTY)**
- **Phone: 614-224-6617**

CHOICES for Victims of Domestic Violence is the only domestic violence safe haven shelter in Franklin County, offering 51 beds, a 24-hour crisis and information hotline, counseling services, support groups, and legal and community advocates for those impacted by domestic violence. CHOICES staff and trained volunteers also conduct domestic violence awareness and prevention outreach throughout our community. Annually, CHOICES shelters nearly 750 individuals and manages more than 4,700 hotline calls.

## **Columbus Area, Inc.**

- **Website:** [www.columbus-area.com](http://www.columbus-area.com)
- **Address:** 1515 E. Broad Street Columbus, Ohio 43205
- **Phone: 614-252-0711**
- **Fax:** 614-252-9250

Columbus Area Integrated Health Services, Inc. (CAIHS) is a community behavioral health and wellness organization making a measurable difference in the lives of Central Ohioans. CAIHS is committed to serving those with the highest degree of need: people with severe mental illness; people with alcohol and other substance use disorders; and people with behavioral problems re-entering society from prison. CAIHS approaches all work with high professionalism and a unique emphasis on culturally appropriate interventions.

## **Columbus Public Health**

- **Website:** <http://publichealth.columbus.gov/alcohol-and-drug-abuse.aspx>
- **Address:** 240 Parsons Avenue Columbus, Ohio 43215
- **Phone: 614-645-7417**
- 614-645-7041 (TTY)
- **Fax:** 614-645-7633

Columbus Public Health's Alcohol and Drug Program works to reduce alcohol and other drug abuse, addiction and related problems in Columbus. The Alcohol and Drug Program focuses on three main areas: prevention, intervention and treatment providing effective and culturally sensitive services. The treatment program offers walk-in assessments, gender specific intensive outpatient treatment and other outpatient groups. In addition the program provides services specific to LGBTQ+ and opiate addicted clients. Other services that work with adults include Substance Abuse General Education and Parenting Wisely. The prevention services offer support and education groups for children and young adults building coping and resiliency skills. Another component of the Alcohol and Drug Program is Harm Reduction involving HIV and sexually transmitted disease education, intervention services, Hepatitis C testing and outreach.

## **Columbus Urban League**

- **Website:** [www.cul.org](http://www.cul.org)
- **Address:** 788 Mt. Vernon Avenue Columbus, Ohio 43203
- **Phone:** 614-257-6300
- **Fax:** 614-257-6327
- **Email:** info@cul.org

The Columbus Urban League empowers African Americans, disadvantaged persons and families with life-changing strategies to reach and maintain self-reliance, opportunity and civil rights. Individual dignity and family stability are the League's ultimate goals.

Programs and services include: African- American Male Initiative (AAMI), Career Development Services, Education and Prevention Services, Head Start and Housing Services. Each one is delivered by a staff of caring professionals who have a passion to serve.

## **Community for New Direction**

- **Website:** [www.cndonline.org](http://www.cndonline.org)
- **Address:** 2323 West Fifth Avenue, Suite 160 Columbus, Ohio 43204
- **Phone:** 614-272-1464

Community for New Direction (CND) offers effective youth development and prevention programming with a focus on academic support and leadership training for children throughout their school career. CND offers over 10 different programs for youth ages 5-18, in Franklin County, who are at risk for the abuse of alcohol, tobacco, and other drugs as well as violence. The primary purpose of CND's programming is to reduce the use/abuse of alcohol, tobacco and other drugs by program youth and decrease the number of youth violent acts of crime especially related to drugs. CND aims to empower youth to be the force for change in themselves, their families, their schools and their communities now and in the future.

CND also offers outpatient addiction treatment for adults struggling with drug and alcohol dependency. Providing service at two locations in the Near East Community, CND focuses on offering individualized, comprehensive treatment plans and compassionate care.

## **Community Housing Network**

- **Website:** [www.chninc.org](http://www.chninc.org)
- **Address:** 1680 Watermark Drive Columbus, Ohio 43215
- **Phone:** 614-487-6700
- **Fax:** 614-487-0405

Community Housing Network (CHN) provides permanent supportive housing that creates opportunities for residents to be successful. CHN expands these opportunities and impacts the community by collaborating with supportive partners. CHN develops, owns, manages and provides access to over 1,800 affordable apartments, renting to people disabled by mental illness and substance abuse, many of whom have experienced homelessness. With their partners, CHN provides support services so residents retain their housing, recover, and find enrichment.

## **CompDrug / Youth to Youth**

- **Website(s):** [www.compdrug.org](http://www.compdrug.org) ; [www.youthtoyouth.net](http://www.youthtoyouth.net)
- Address: 547 East Eleventh Avenue Columbus, Ohio 43211
- **Phone: 614-224-4506**
- Fax: 614-291-0118

CompDrug's mission is to provide a fully responsive range of services to assist in the prevention, treatment, recovery, and wellness of those affected by the disease of addiction. Treatment includes medication assisted treatment using methadone, buprenorphine, and vivitrol in combination with substance use and mental health counseling. Services include individual and group counseling at an outpatient and intensive outpatient level using the following techniques: trauma-informed care, EMDR, and animal assisted therapy among others. CompDrug also provides specific programming for pregnant women and patients entering treatment from the criminal justice system. CompDrug's Therapeutic Communities are comprehensive, residential alcohol and drug treatment programs located in six Ohio prisons. Additional services include Narcan education and dissemination, MAT 101 education for family members and loved ones, HIV Early Intervention, and Senior education for older adults. Youth to Youth, a prevention program of CompDrug, is a youth-led, adult guided prevention program provides coalition and school support for youth-led prevention, summer conferences, middle school camps, trainings and a Speaker Service.

## **Concord Counseling Services**

- **Website:** [www.concordcounseling.org](http://www.concordcounseling.org)
- Address: 700 Brookside Boulevard Westerville, Ohio 43081
- **Phone: 614-882-9338**
- Fax: 614-882-3401

Every year Concord Counseling Services helps thousands of friends, neighbors, co-workers and family members improve their emotional health so they can more successfully deal with the challenges we all face. Concord is a not-for-profit community mental health organization whose services keep children in school and families together; help the elderly and people who suffer from severe mental illness live safely and independently; and encourage individuals to live more fulfilling lives and to reach their full potential. These programs save taxpayers thousands of dollars a year and most importantly, they save lives.

## **COVA**

- **Website:** [www.cova.org](http://www.cova.org)
- Address: 3770 North High Street Columbus, Ohio 43214
- **Phone: 614-294-7117**
- Fax: 614-294-7443

COVA, the Center for Vocational Alternatives, provides career readiness and job development services for people with mental illnesses and other barriers to employment. COVA's vocational specialists and career developers work with participants to explore, secure and retain competitive work within the community. Services are community

based and include career readiness groups, career counseling and vocational assessment, job training, job placement, supported employment, job coaching and follow-along support. Additionally, COVA provides back-to-work benefits planning and consultation services.

## **Directions for Youth & Families**

- **Website:** [www.dfyf.org](http://www.dfyf.org)
- **Address:** 1515 Indianola Avenue Columbus, Ohio 43201
- **Phone:** 614-294-2661
- **Fax:** 614-294-3247
- **Other Locations Include:**
  - 3616 East Main Street, Columbus, Ohio 43213
  - Counseling Services, After School Programming and Outpatient Alcohol and Drug Services: 899 East Broad Street, 4th Floor, Columbus 43205
    - Phone: 614-251-6561
  - Ohio Avenue Youth Center: 657 South Ohio Avenue, Columbus 43205
    - Phone: 614-258-8043
  - Crittenton Youth Center: 3840 Kimberly Parkway North, Columbus 43232
    - Phone: 614-694-0203
  - East Office: 3616 East Main Street, Columbus 43213
    - Phone: 614-251-0103

Directions for Youth & Families offers programs that provide community-based treatment and prevention services that emphasize commitment to the family, school, and work. Services are provided through innovative programs that are resiliency-oriented, trauma-informed and focus on the reduction of self-defeating behaviors and assisting youth, adults and families in leading positive and productive lives. The counseling and clinical programs help individuals and families address and overcome a range of issues and the majority of counseling programs are provided in client's homes, schools, or other community settings. The Parenting and Kindergarten Readiness Programs work to strengthen and improve family functioning and reduce the incidence of child abuse/neglect through home based services as well formal class instruction. In-home kindergarten readiness services work directly with the children and parent/guardian to enhance learning and assist parents with child development skills. The After-School/Summer and Prevention Programs offer after-school and summer programming that work to educate youth about the consequences of unhealthy lifestyles choices, teen sexual activity, substance abuse, and delinquency.

## **Franklin County LOSS**

- **Website:** [www.franklincountyloss.org](http://www.franklincountyloss.org)
- **Address:** 3040 Riverside Drive Suite 215 Columbus, Ohio 43221
- **Phone:** 614-530-8064
- **Email:** denise@franklincountyloss.org

Franklin County Local Outreach to Suicide Survivors exists to be an instillation of hope to people impacted by a suicide loss. Trained volunteers – many of whom are suicide loss survivors – provide immediate assistance after a suicide loss. Franklin County LOSS also provides ongoing support and understanding through support groups, a companion program, resources and event

## **HandsOn Central Ohio**

- **Website:** [www.handsoncentralohio.org](http://www.handsoncentralohio.org)
- **Address:** 195 North Grant Avenue Columbus, Ohio 43215
- **Phone:** 614-221-6766
- 614-341-2271 (TTY)
- **24-Hour Information/Referral:** 614-221-2255
- **Volunteer Referrals:** 614-341-2277
- **FoodLink:** 614-341-2282
- **Fax:** 614-224-6866

Whether through the 2-1-1 call center, where certified information specialists listen to callers, access a database and connect the caller to agencies which can help, or through one of many volunteer recruitment efforts in which volunteers' skills are matched to appropriate programs or non-profits, HandsOn Central Ohio stands ready to help. HandsOn and Central Ohio offers 2-1-1, a 24 hour, community-wide information/referral service comprehensive database containing services throughout Franklin County. Other services include: telephone referral for volunteer opportunities in the community, technical assistance and training for volunteer programs, youth volunteer programming, holiday/special event opportunities volunteer recruitment publications and Retired and Senior Volunteer Program (RSVP). HandsOn Central Ohio's Annual Directory, mail lists, labels and sub-set directories are also available.

## **House of Hope for Alcoholics**

- **Website:** [www.hofhope.org](http://www.hofhope.org)
- **Address:** 825 Dennison Avenue Columbus, Ohio 43215
- **Phone:** 614-291-4691

House of Hope, Inc. provides alcohol and other drug treatment services to those who are most in need. Since 1959, the House of Hope has provided a safe place for residents of Franklin County, Ohio to find a way to live new, sober, and productive lives with the following programs:

The House of Hope Adult Residential Program provides alcohol and drug residential treatment for adult males, including assessment, individual and group therapy, educational groups, relapse prevention, life skills and aftercare. (614) 291-4691 ext. 322.

The Outpatient Program provides alcohol and drug treatment for men and women, including assessment, individual and group therapy, opiate recovery group, women's specific group, relapse prevention and intensive outpatient (IOP). 1034 Harrisburg Pike, Columbus, Ohio 43223 (614) 276-4840.

Outpatient Services at Reeb Avenue Center for men (Medicaid Only) include, individual and group therapy as well as AOD education. Reeb Avenue Center, 280 Reeb Avenue, Columbus, Ohio 43207 614-468-9320 or 614-276-4840 ext. 109.

Recovery Residences offer recovery support, healing, comfort, and peer family style living as well as places for privacy and serenity. There is plenty of room to get together or spread out, and all the amenities you would expect in a home. 614-291-4691 ext. 321.

## **Huckleberry House**

- **Website:** [www.huckhouse.org](http://www.huckhouse.org)
- **Address:** 1421 Hamlet Street Columbus, Ohio 43201
- **Phone:** 614-294-8097
- **Crisis Hotline:** 614-294-5553

The Huckleberry House is a 24-hour safe and supportive alternative to life on the streets for teens. Services provided by the Huck House include: a crisis intervention program, a transitional living program, street outreach, aftercare services, project safe place, community education for parents and teens on runaway prevention and community events surrounding families and teenagers in crisis.

## **Maryhaven**

- **Website:** [www.maryhaven.com](http://www.maryhaven.com)
- **Address:** 1791 Alum Creek Drive Columbus, Ohio 43207
- **Phone:** 614-445-8131
- **Fax:** 614-445-7808

Maryhaven provides integrated behavioral health care services, with a specialization in addiction recovery care, to help men, women and adolescents restore their lives from addiction and mental illness. Founded in 1953, Maryhaven operates 26 programs including, (1) Adult Residential Programs: including Medical Detoxification, adult residential and Women's Center Extended Care, (2) Adult Outpatient Treatment: including Ambulatory Detoxification, Women's Stable Cradle Program funded by thWexner Center at The Ohio State University ,ADAMH Board of Franklin County, and the Ohio Mental Health and Addiction Services (OhioMHAS) an Opiate Treatment Program and a Gambling Intervention Program funded byADAMH and OhioMHAS,, (3) Adolescent Gender-specific Residential Programs, (4) Adolescent Outpatient and Outreach Treatment programs, (5) Homeless Services: including the Engagement Center, Outreach and Supportive Housing.

Maryhaven's Public Safety programs provide intervention, education and treatment programs connected to adult and juvenile court systems, including, (1) Adult Driver Intervention Programs in English and Spanish, (2) Underage Drinking/Drug Programs for Ages 12 – 20, (3) School-based Prevention Services in Whitehall City and Morrow and Delaware Counties, (4) Federal Prison, Probation and Pre-trial programs.



## **Mental Health America of Franklin County, Inc.**

- **Website:** [www.mhafc.org](http://www.mhafc.org)
- **Address:** 2323 West Fifth Avenue, Suite 160 Columbus, Ohio 43204
- **Phone:** 614-221-1441
- **Fax:** 614-221-1491
- **Email:** info@mhafc.org

Mental Health America of Franklin County, Inc. (MHAFC) is dedicated to promoting mental health, preventing mental disorders and raising awareness and understanding of mental health issues through advocacy, education and support services in our community. MHAFC offers a comprehensive website with hundreds of fact sheets on mental illness, a comprehensive database of mental health and recovery services throughout Franklin County and a free and anonymous online mental health screening for depression, bipolar disorder (manic-depression), generalized anxiety and post-traumatic stress disorder. The Pro Bono Counseling Program links uninsured/underinsured individuals and families with free short-term mental health counseling. MHAFC's Ombudsman Program serves the entire ADAMH system, providing consumers and family members assistance in accessing needed services and dealing with complaints regarding mental health/alcohol and drug care.

Support groups include: Families in Touch, Schizophrenics Anonymous and a Depression Support Group.

MHAFC provides legislative advocacy, helping people take an active role in advocating for public policies that recognize mental health as vital to our country's health and well-being. Volunteer opportunities are available.

## **NAMI Franklin County**

- **Website:** [www.namifranklincounty.org](http://www.namifranklincounty.org)
- **Address:** 1225 Dublin Road, Suite 110 Columbus, Ohio 43215
- **Phone:** 614-501-NAMI (6264)
- **Fax:** 614-501-6267

As a local affiliate of the National Alliance on Mental Illness (NAMI) and NAMI Ohio, NAMI Franklin County is dedicated to improving the lives of family members, friends and persons with mental illness through education, outreach, support, referral and advocacy in Central Ohio. NAMI Franklin County provides local support for families encountering severe mental illness, offering help and hope whenever and wherever possible. NAMI advocates for optimal treatment and services from local providers to improve the quality of life for consumers and their families and increases community awareness of brain disorders by educating people in the community, challenging negative stereotypes and confronting discrimination. NAMI also supports research on the causes and treatments of mental illness and monitors local services to help improve treatment outcomes.

## **National Church Residences**

- **Website:** [www.nationalchurchresidences.org](http://www.nationalchurchresidences.org)
- **Address:** 2335 North Bank Drive Columbus, Ohio 43220
- **Phone: 614-451-2151**
- 614-442-4390 (TDD)

National Church Residences serves more than 42,000 seniors through its array of housing and health care services. The not-for-profit organization is driven by a vision of advancing better living for all seniors, enabling them to remain home for life. With 340 communities in 28 states and Puerto Rico, it is the nation's largest not-for-profit provider of affordable senior housing. It also offers residential senior communities, home and community-based services, and permanent supportive housing for the formerly homeless and disabled.

## **Nationwide Children's Hospital Behavioral Health Services**

- **Website:** [www.nationwidechildrens.org](http://www.nationwidechildrens.org)
- **Address:** 700 Children's Drive Columbus, Ohio 43205
- **Phone: 614-722-2000**

Nationwide Children's Hospital Behavioral Health Services provides routine outpatient, intensive community based, crisis, day treatment, partial and acute care services to individuals and families. Specialized services include assessment and treatment for eating disorders, mood disorders, conduct problems, problem sexual behaviors, AOD, trauma, autism spectrum and other developmental disorders, and ADHD. Nationwide Children's Hospital Behavioral Health Services also provides psychological services to individuals with medical conditions as well as psychiatric and psychosocial support to individuals with differences/disorders of sex development. Early childhood mental health and prevention services are provided in the home, community and school settings. The services are provided by an interdisciplinary team of professionals across multiple locations.

## **Netcare Access**

- **Website:** [www.netcareaccess.org](http://www.netcareaccess.org)
- **24-Hour Emergency Services: 614-276-CARE (2273)**
- **Address:** 199 South Central Avenue Columbus, Ohio 43223

Netcare Access provides an emergency response service 24 hours a day, seven days a week at 614-276-CARE (2273). Anyone can call if they are in a mental health or substance abuse crisis, or if they're concerned about a family member or friend, and Netcare clinicians will assist callers with resources and information. Aside from emergency crisis response, Netcare does so much more to support Franklin County residents – including in-person crisis intervention services, assessment services for adults and older adults, court-ordered forensic evaluations, probate pre-screenings and family psychological services. Referrals, if necessary, are made to local agencies and hospitals for therapeutic or inpatient treatment.

Netcare partners with local law enforcement to provide on-the-scene response to trauma victims in the area through its Community Crisis Response team. Netcare also has a mobile intervention service, Reach Out, which helps transport intoxicated persons off the street and to a place of safety.

Netcare also works to stabilize those who will be returning to their home environment after a crisis through its Crisis Stabilization Unit. Netcare helps these clients through individual and group therapy, psychiatric nursing care and medication. Miles House is a residential respite for stabilizing adults, where clients can stay up to 16 days to continue easing back into the community.

## **North Central Mental Health Services**

- **Website:** <http://www.ncmhs.org>
- **Address:** 1301 North High Street Columbus, Ohio 43201
- **24-Hour Suicide Prevention Hotline, 614-221-5445; Teen Hotline, 614-294-3300**
- **Phone: 614-299-6600**
- **Senior Hotline, 614-294-3309**

North Central provides comprehensive mental health and recovery centered services to children, teens, adults and older adults. The agency also provides outpatient counseling and drug/alcohol treatment. North Central's Community Support Services (CSS) program is for persons with long-term and persistent mental illness. It offers pre-vocational training, chemical dependency counseling, and other therapeutic support through aftercare and residential services. The Medical Clinic works closely with CSS and general outpatient services, providing nursing and psychiatric care. Special services include: Soaring Sober, Elder Focus and Nurse Outreach, and the Transitional Community Treatment Team for severely involved teens and adults. North Central counselors at Stonewall Columbus provide individual and group therapy for the LGBT community. The agency also operates three 24-Hour Suicide Prevention Hotlines answered by trained volunteers

## **North Community Counseling Centers**

- **Website:** [www.northcommunity.com](http://www.northcommunity.com)
- **Address:** 1855 E. Dublin-Granville Rd. Suite 204 Columbus, Ohio 43229
- **Phone: 614-261-3196**

For almost 50 years, North Community Counseling Centers (NCCC) has been providing behavioral health services to the community. With four locations, home, and school based programs, NCCC is able to reach out to individuals, couples and children throughout Franklin County who are struggling with issues related to mental health and addiction. NCCC is a non-profit mental health agency striving not only to educate, but to enrich the lives of the people it serves. In addition to individual, couple and group therapy, NCCC also offers case management, medication management and Medication Assisted Treatment for opioid dependence.

## **Ohio Guidestone**

- **Website:** [www.ohioguidestone.org](http://www.ohioguidestone.org)
- **Address:** 195 N. Grant Ave., Suite 250 Columbus, Ohio 43215
- **Phone:** 888-522-9174
- **Fax:** 614-928-9092
- **Email:** Lisa.clark@ohioguidestone.org; or information@ohioguidestone.org

OhioGuidestone is a 152-year-old nonprofit organization that helps families, children and individuals who face some of life's most challenging situations including mental illness, addiction, abuse and behavioral issues.

Unique and customized programs are provided to the evolving needs of the people it serves.

## **Schottenstein Chabad House – Friendship Circle**

- **Website:** [www.friendscolumbus.com](http://www.friendscolumbus.com)
- **Address:** 6220 East Dublin Granville Road New Albany, Ohio 43054
- **Phone:** 614-939-0765
- **Fax:** 614-939-4617

Schottenstein Chabad House is a private non-profit entity which serves youth, families and college students. The Schottenstein Chabad House provides educational and social programming to promote healthy choices, cohesive families and community service. The Friendship Circle serves as a drug and alcohol prevention program for teens as well as a respite service to families who have children with special needs.

## **Southeast, Inc., Recovery and Mental Health Care Services**

- **Website:** [www.southeastinc.com](http://www.southeastinc.com)
- **Address:** 16 West Long Street Columbus, Ohio 43215
- **Phone:** 614-225-0990; 614-744-8115 (V/TTY)
- **Fax:** 614-225-0988

Southeast, Inc. is a comprehensive provider of community mental health, primary health care, dental, alcohol and drug services, vocational services, housing and homeless services that began operations in Franklin County (Columbus, Ohio) in 1978. Southeast serves over 15,000 people in seven counties of Ohio. Southeast provides healthcare for people who are homeless, living in transitional housing, or have been previously homeless. Southeast coordinates and integrates care across services for all clients across all their healthcare locations. Southeast is a Federally Qualified Health Center and also offers individual, couples, kids and family counseling and outpatient chemical dependency services. Southeast offers community based services, case management and psychiatric services and support for persons with severe and persistent mental illness with specialty treatment teams. Southeast operates Friends of the Homeless which coordinates the men's emergency shelter and New Horizons Transitional Housing that provides low demand transitional housing to individuals with severe and persistent mental disabilities and histories of chronic homelessness. Southeast operates the Fresh A.I.R. (Artists in Recovery) Gallery located at 131 North High Street, which exhibits the artwork of individuals affected by mental health and/or substance use disorders.

Southeast Integrated Healthcare Center at Franklin Station is a Columbus Metropolitan Housing Authority location with 100 new apartment units and office space that will house the Integrated Healthcare Program. Southeast's Franklin Station Integrated Healthcare program is designed to improve the physical health and mental wellness of Franklinton residents who experience mental illness and/or substance abuse.

## **St. Vincent Family Centers**

- **Website:** [www.svfc.org](http://www.svfc.org)
- **Address:** 1490 East Main Street Columbus, Ohio 43205
- **Phone:** 614-252-0731
- **Email:** intake@svfc.org

St. Vincent Family Center (SVFC) is a vital community resource providing pediatric behavioral health care for children ages 0-18 years old with significant emotional and mental health challenges. St. Vincent Family Center provides a wide array of services including community based treatment services, deaf services, early childhood mental health treatment, a hispanic/latino program, intensive home based services, outpatient family services, residential/respite, a therapeutic preschool program, a therapeutic school age program, a therapeutic after school program and parent education.

## **Syntero at Dublin Counseling Center**

- **Website:** [www.syntero.org](http://www.syntero.org)
- **Address:** 299 Cramer Creek Court Dublin, Ohio 43017
- **Phone:** 614-457-7876
- **Email:** info@syntero.org

Syntero offers outpatient mental health and alcohol and other drug treatment which can include individual, family, couples and group counseling for all ages. Services are provided at multiple outpatient clinics or in community based locations such as homes, school settings, medical offices and other community locations. Syntero professionals are specially trained in trauma-informed treatment modalities which focus on individuals who have experienced traumatic events in the past. Specialized therapeutic groups include Grief, Loss and Trauma, Anger Management, Dialectical Behavior Therapy (DBT), Depression and Anxiety, Alcohol and Other Drug Abuse, Women's Empowerment, Parenting and Youth and Older Adult programming.

## **The Heritage of Hannah Neil**

- **Website:** [www.columbus.eastway.org](http://www.columbus.eastway.org)
- **Address:** 301 Obetz Rd. Columbus, Ohio 43207
- **Phone:** (614) 409-1400
- **Fax:** (614) 754-5135
- **Email:** hhn@eastway.org

The Heritage of Hannah Neil is a treatment component of Eastway Behavioral Healthcare of Dayton, Ohio. There are two centers in Columbus. The Reeb Avenue Center office provides community based outpatient services and

linkage with nine other provider agencies located in the Reeb Avenue Center. The Heritage of Hannah Neil provides a wide continuum of mental health and behavioral health program services directly or through collaborations. The community based program offers in home, in school, in community and office based outpatient services for children, adolescents and adults. The Day Treatment program provides mental health and behavioral health services coupled with full classroom therapeutic education learning for children ages 6-17. The residential program provides services for pre-adolescent boys and girls ages five through twelve including full classroom therapeutic education learning.

All programs offer psychiatric treatment and management, individual, family and group counseling, case management, medication management and nursing services. Interventions include evidence-based and promising practices including motivational interviewing, trauma-informed care, cognitive behavioral therapy, dialectical behavioral therapy, problem solving skills training, parent management training and classroom behavioral management. The Day Treatment and Residential programs also offer wellness and expressive arts and equestrian assisted therapies. The school (in-school) affiliations at this point include Highland Elementary, Valleyview Elementary, and Beechwood Elementary.

## **The Ohio State University Wexner Medical Center (OSUWMC)**

### *TBI Network*

- Address: 2050 Kenny Road, Martha Morehouse Pavilion, Suite 3300 Columbus, Ohio 43221
- **Phone: 614-685-8511**
- Fax: 614-293-9502
- Email: [tbinetwork@osu.edu](mailto:tbinetwork@osu.edu)

The TBI Network at The Ohio State University Wexner Medical Center (OSUWMC) provides specialized outpatient substance abuse treatment for adults who have sustained a traumatic brain injury (TBI). The primary method of intervention is service coordination and advocacy to meet the multiple needs of clients. In addition, the TBI Network provides screening, assessment, treatment planning, educational and support groups and individual substance abuse counseling. To facilitate optimal outcomes for clients requiring the resources of multiple social service agencies, TBI Network case managers seek to develop “ad hoc” community treatment teams to bring together providers in a coordinated treatment approach.

### *OSUWMC Harding Hospital*

- **Website:** <https://wexnermedical.osu.edu/mental-behavioral>
- Address: 1670 Upham Drive Columbus, OH 43210
- **Phone: (614) 293-9600**

Ohio State's Harding Hospital offers comprehensive behavioral healthcare services and programs for children and adolescents, adults, and older adults in central Ohio. Treatment occurs in a caring and supportive environment emphasizing a return to independent living and family participation. Focus areas include anxiety and panic attacks, depression, post-traumatic disorders, family and marital conflict, personality disorders, schizophrenia, and sexual abuse

### *Youth Crisis Services (Ages 15-17)*

- **Phone: 614-293-8205**

The OSUWMC Harding Hospital provides crisis intervention services to youth ages 15-17. Adolescents receive specialized services and access to ongoing treatment after crisis stabilization.

### *Crisis Assessment Linkage and Management Program (CALM Unit)*

- **Phone: 614-293-9600**

Ohio State's Department of Psychiatry and Behavioral Health recently opened eight observation rooms in the emergency department designed to stabilize patients in crisis with the goal of avoiding inpatient hospitalization. The Crisis Assessment Linkage and Management Program uses observation rooms designed like traditional psychiatric care rooms to remove patients from the over-stimulating emergency room.

## **The P.E.E.R. Center**

- **Website:** [www.thepeercenter.org](http://www.thepeercenter.org); [www.ThePEERCenter.org](http://www.ThePEERCenter.org)
- Address: 750 East Broad Street Columbus, Ohio 43205
- **Phone: 614-453-4830**
- Fax: 614-453-4845
- Email: [info@thepeercenter.org](mailto:info@thepeercenter.org)
- Warmline, 614-358-TALK (8255), available daily from 10 p.m. – 2 a.m.

*Other Locations Include:* The P.E.E.R. Center – West

- Address: 1114/1116 West Broad Street, Columbus, Ohio 43222, 614-453-4840

The P.E.E.R. Center (Peers Enriching Each other's' Recovery) is a drop-in wellness and recovery center, for individuals living with mental illness, addiction and trauma. The P.E.E.R. Center offers structured activities that promote socialization such as: peer recovery groups, wellness activities, self-advocacy and the development of natural supports and community integration skills. The P.E.E.R. Center supports are provided between and among individuals, who have common issues and needs, are consumer/peer motivated, initiated and managed, all designed to support individuals on their recovery journey. The P.E.E.R. Center is an adults-only (age 18 and over) facility with two locations, offering over 50 peer support groups each week, in addition to fun activities and community outings. Open Daily; East Broad hours are; Mon-Fri: 7a.m. to 11p.m.; Sat./Sun.: 9 a.m. to 9 p.m.; Holidays: 9 a.m.-7 p.m.; West hours are: Everyday: 10 a.m. – 6 p.m. The Warmline is available daily from 10 p.m.-2 a.m.

## **The Village Network**

- **Website:** [www.thevillagenetwork.org](http://www.thevillagenetwork.org)
- Address: 1751 East Long Street Columbus, Ohio 43203
- **Phone: 614-253-8050**

The Village Network is an experienced youth treatment provider for post-traumatic stress, oppositional defiant disorder, bipolar, reactive attachment, ADHD, sexually reactive behavior, juvenile sexual offenders, depression and conduct disorder, among others. At The Village Network, the needs of each child are individually assessed and dynamic treatment plans are designed to transition youth to permanent environments. Whether the solution is residential care, placement with a foster or adoptive family or the ability to remain at home, the treatment programs are individualized to meet the needs of youth with emotional and behavioral challenges resulting from physical, emotional or sexual abuse. Transforming the lives of youth in an environment safe for both the children and the community is a partnership. Without the support of the family, referring agencies and partners within the community, it would not be possible to “create positive change for responsible living.”

### **Twin Valley Behavioral Healthcare (TVBH)**

- **Website:** <http://mha.ohio.gov/Default.aspx?tabid=193>
- **Address:** 2200 West Broad Street Columbus, Ohio 43223
- **Phone:** (614) 752-0333
- **TDD:** (614) 274-7137
- **Fax:** (614) 752-0087

Twin Valley Behavioral Health (TVBH) provides inpatient psychiatric services including maximum security forensic care and crisis stabilization at facilities in Columbus. TVBH also provides recovery-based, comprehensive, quality and cost-effective outpatient behavioral health services to adults with severe mental illness through the Community Support Network (CSN) program. TVBH’s mission is to promote healing in a behavioral healthcare environment built on hope, respect and compassion.

### **Urban Minority Alcoholism & Drug Abuse Outreach Program**

- **Website:** [www.umadaopfc.com](http://www.umadaopfc.com)
- **Address:** 510 East Mound Street, Suite 100 Columbus, Ohio 43215
- **Phone:** 614-227-9694

The Urban Minority Alcoholism and Drug Abuse Outreach Program of Franklin County, Inc. (UMADAOPFC) is designed to deliver alcohol, tobacco and other drug prevention services to the African American community in Franklin County. The agency uses a culturally specific approach to deliver direct services the target population as well as advocating for their needs. UMADAOPFC uses evidenced based prevention for African Americans, which offers a theoretical approach that gives focus and direction for programming and allows for creativity.

UMADAOP believes that substance abuse is best treated and prevented when the cultural dynamics of a group are addressed and included in the process of treatment, recovery and education. UMADAOP’s philosophy further states that chemical dependency is an illness of the total person, which has physiological, psychological social-cultural and spiritual components and therefore requires a holistic approach.



# Ohio State University Student Specific Resources

\*If you have OSU's student health insurance, please visit <https://shi.osu.edu/> for more information on available services

## Counseling and Consultation Services

- **Website:** <https://ccs.osu.edu/>
- **Address:** Younkin Success Center (4th Floor), 1640 Neil Avenue, Columbus, OH 43201
- **Phone:** 614-292-5766
- **Email:** [sl-ccs@osu.edu](mailto:sl-ccs@osu.edu)

Counseling and Consultation Services provides comprehensive individual and group mental health services, psychoeducational prevention and outreach programming to currently enrolled undergraduate, graduate and professional students. They also work with spouses/partners of students who are covered by the Comprehensive Student Health Insurance. Their services include treatment for stress management, anxiety, depression, relationship problems, life transitions, identity exploration, substance use, eating concerns, feeling overwhelmed and academic adjustment.

Their website also provides a Community Provider Database. This resource can be used to search for private mental health care providers in the communities surrounding The Ohio State University campuses <https://ccs.osu.edu/cpd/>

## Office of Disability Services

- **Website:** <http://slds.osu.edu/>
- **Address:** 098 Baker Hall 113 W. 12th Ave. Columbus, OH 43210
- **Phone:** 614-292-3307
- **Email:** [slds@osu.edu](mailto:slds@osu.edu)

Student Life Disability Services (SLDS) is committed to creating an accessible educational experience for students with disabilities. They partner with students, faculty and staff to design accessible environments and to provide academic accommodations and support services. Common accommodations/services include exam accommodations, note-taking assistance, attendance modifications, assistive technology, sign language, interpreting, accessible transportation/ parking priority scheduling, consultation and advocacy (please see website for comprehensive list). To register for services please visit [go.osu.edu/sldsregister](http://go.osu.edu/sldsregister)

## The Office of Student Life: Student Wellness Center

- **Website:** [swc.osu.edu](http://swc.osu.edu)
- **Address:** B130 RPAC, 337 Annie and John Glenn Avenue, Columbus OH 43210
- **Phone:** 614-292-4527
- **Email:** [wellness@osu.edu](mailto:wellness@osu.edu)

The Office of Student Life Student Wellness center works to empower students to strive for balance and wellness. "Wellness" is an active, ongoing process which involves becoming aware of and taking steps toward a healthier, happier, more successful life. The Student Life Student Wellness Center embraces the Nine Dimensions of Wellness and incorporates these dimensions into all programming and outreach. These nine dimensions include career,

creative, emotional, environmental, financial, intellectual, physical, social and spiritual wellness. Coaches are trained to help students identify and use their strengths to help you create the life you want to be living at Ohio State and into the future.