

Psychological Services Center Resource List

Includes, among others, information from adamhfranklin.org. The PSC does not explicitly recommend any offices for treatment. Individuals are encouraged to contact offices for more information on services, insurance acceptance and affordability. To enroll in health insurance through the Affordable Care Act, please visit healthcare.gov.

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Immediate Assistance and Emergency Services

Hotlines

- **Ohio State University Emergency Department:** 614-293-8333 or 911
- **National Suicide Prevention Hotline:** 614-221-5445
- **Crisis Text Line:** 741-741
- **Suicide and Crisis Lifeline:** 988
- **Netcare Access (for adults 18 and older):** 614-276-2273
- **Nationwide Children's Hospital (17 years and under):** 614-722-9372

Locations

Franklin County Crisis Care Center

The Franklin County Crisis Care Center is open 24 hours a day, seven days a week, offering support for adults experiencing mental health or addiction-related crises. They offer 24/7 walk-in services without the need for an appointment or referral, 23-hour observation for short-term stabilization, discharge pharmacy services, and connection to community-based resources.

- **Website:** adamhfranklin.org/crisis-center/
- **Address:** 465 Harmon Avenue, Columbus, Ohio 43223
- **Phone:** 614-222-3737
- **Fax:** 614-358-4201

Ohio State Behavioral Health Urgent Care at Harding Hospital

The Behavioral Health Urgent Care clinic is a behavioral health program for adults needing mental and behavioral health services bridged until they can meet with their outpatient provider. They also offer help to those needing an appointment for urgent needs. The clinic provides in-person or virtual appointments for medication management, therapy or other treatments. Walk-in appointments for urgent concerns are available weekdays, morning through early evening, or until appointments are full.

- **Website:** wexnermedical.osu.edu/locations/ohio-state-harding-hospital/behavioral-health-urgent-care
- **Address:** 1670 Upham Drive, Columbus, Ohio 43210
- **Phone:** 614-293-8295

General Mental Health Treatment

Concord Counseling Services

Concord is a not-for-profit community mental health organization whose services keep children in school and families together; help the elderly and people who suffer from severe mental illness live safely and independently; and encourage individuals to live more fulfilling lives and to reach their full potential.

- **Website:** concordcounseling.org
- **Address:** 700 Brooksedge Boulevard, Westerville, Ohio 43081
- **Phone:** 614-882-9338
- **Fax:** 614-882-3401

Forum Ohio, LLC

Forum Ohio is a leader in the provision of clinical and forensic psychological and chemical dependency evaluation and treatment services. Their services are evidence-based, and they adhere to the highest levels of professionalism and ethics.

- **Website:** forumohio.com
- **Address:** 454 E. Main Street, Suite 240, Columbus, Ohio 43215
- **Phone:** 614-636-4779
- **Fax:** 614-525-0663

Mid-Ohio Psychological Services, Inc.

Mid-Ohio Psychological Services provides cost-effective, culturally sensitive, socially responsible, quality mental health, substance abuse, and support services to individuals and community organizations, while offering professional development to its staff and other professionals in the field.

- **Website:** mopsohio.com
- **Address:** 2238 S. Hamilton Road, Suite 200, Columbus, Ohio 43232
- **Phone:** 614-751-0042
- **Fax:** 614-751-0047

North Central Mental Health Services

North Central provides comprehensive mental health and recovery-centered services to children, teens, adults and older adults. The agency also provides outpatient counseling and drug/alcohol treatment.

- **Website:** www.ncmhs.org
- **Address:** 1301 North High Street, Columbus, Ohio 43201
- **24-Hour Suicide Prevention Hotline:** 614-221-5445
- **Teen Hotline:** 614-294-3300
- **Senior Hotline:** 614-294-3309
- **Phone:** 614-299-6600

North Community Counseling Centers

For over 50 years, North Community Counseling Centers (NCCC) has provided behavioral health services to the community. They offer home and school-based programs to help couples, individuals, and children throughout Franklin County who are struggling with issues related to mental health and addiction.

- **Website:** northcommunity.com
- **Address:** Four Columbus area locations
- **Phone:** 614-261-3196

The Ohio State University Wexner Medical Center (OSUWMC) – Harding Hospital and Central Ohio Outpatient Clinics

The Ohio State University Wexner Medical Center offers services for adolescents and adults, treating a wide range of mental and behavioral health problems at multiple locations throughout Central Ohio.

- **Website:** wexnermedical.osu.edu/mental-behavioral
- **Phone:** 614-293-9600

Southeast, Inc., Recovery and Mental Health Care Services

Southeast, Inc. is a comprehensive provider of community mental health, primary health and dental care, alcohol and drug programs, vocational services, housing and homeless services. They offer community-based case management, psychiatric services, and support for persons with severe and persistent mental illness.

- **Website:** southeastinc.com
- **Address:** 16 West Long Street, Columbus, Ohio 43215
- **Phone:** 614-225-0990
- **Fax:** 614-225-0988

Syntero at Dublin Counseling Center

Syntero offers outpatient mental health and alcohol and other drug treatment, which can include individual, family, couples, and group counseling for all ages. Services are provided at multiple outpatient clinics or in community-based locations such as homes, school settings, medical offices, and other community locations.

- **Website:** syntero.org
- **Address:** 299 Cramer Creek Court, Dublin, Ohio 43017
- **Intake Phone:** 614-889-5722 ext. 133
- **Email:** info@syntero.org

Eating Disorder Treatment

Aster Springs Outpatient Columbus

Aster Springs offers personalized, evidence-based treatment for eating disorders in a supportive, trauma-informed environment. Their team provides individual and family therapy, group psychotherapy, nutrition education, meal support, and aftercare planning.

- **Website:** astersprings.com/locations/outpatient-columbus
- **Address:** 495 Metro Place South, Suite 330, Dublin, Ohio 43017
- **Phone:** 614-635-7995

Eating & Behavioral Health Associates

Eating and Behavioral Health Associates offers evidence-based treatment for eating disorders, PTSD, anxiety, and depression. They work with children, teens, and adults, offering a calm and welcoming alternative to medical-based clinics and centers.

- **Website:** eatingandbehavioralhealth.com
- **Address:** 5202 Bethel Reed Park, Suite 200, Columbus, Ohio 43220
- **Phone:** 614-431-1418
- **Fax:** 614-678-5556
- **Email:** info@eatingandbehavioralhealth.com

LGBTQ- and QPOC-Friendly Providers

The Department of Women's, Gender and Sexuality Studies maintains a list of LGBTQ & Queer People of Color (QPOC)-friendly mental health care services in the area, including suicide prevention resources.

- **Website:** wgss.osu.edu/toolkit/student-wellness/mental-health-resources

Ohio State Students

If you have OSU's student health insurance, please visit shi.osu.edu for more information on available services.

Counseling and Consultation Services

Counseling and Consultation Services provides comprehensive individual and group mental health services, psychoeducational prevention and outreach programming to currently enrolled undergraduate, graduate and professional students.

- **Website:** ccs.osu.edu
- **Address:** 1640 Neil Avenue (4th Floor), Columbus, OH 43201
- **Phone:** 614-292-5766
- **Email:** sl-ccs@osu.edu

Office of Disability Services

Student Life Disability Services (SLDS) is committed to creating accessible education for students with disabilities. They partner with students, faculty, and staff to design accessible environments and provide academic accommodations and support services.

- **Website:** slds.osu.edu
- **Address:** 098 Baker Hall, 113 W. 12th Avenue, Columbus, OH 43210
- **Phone:** 614-292-3307
- **Email:** slds@osu.edu

The Office of Student Life: Student Wellness Center

The Office of Student Life Student Wellness Center works to empower students to strive for balance and wellness.

- **Website:** swc.osu.edu
- **Address:** B130 RPAC, 337 Annie and John Glenn Avenue, Columbus OH 43210
- **Phone:** 614-292-4527
- **Email:** wellness@osu.edu

Drug and Alcohol Treatment

Alvis, Inc.

Alvis provides reentry programs for individuals and families who have become involved in the criminal justice system. The reentry programs include residential reentry, workforce development services, and substance abuse treatment.

- **Website:** alvis180.org
- **Address:** 2100 Stella Court, Columbus, Ohio 43215
- **Main Phone:** 614-252-8402
- **Main Fax:** 614-252-6947
- **Community Reentry Center:** 614-252-0660
- **Email:** info@alvis180.org

Amethyst, Inc.

Amethyst provides gender responsive treatment for women struggling with addiction, mental health issues, and trauma, and their families. Services include traditional and intensive outpatient treatment for addiction, supportive housing, medical services, mental health and trauma treatment, family services, and job readiness and placement.

- **Website:** amethyst-inc.org
- **Address:** 455 East Mound Street Columbus, Ohio 43215
- **Phone:** 614-242-1284
- **Fax:** 614-242-1285

Columbus Public Health Alcohol and Drug Services

Columbus Public Health's Alcohol and Drug Program works to reduce alcohol and drug abuse, addiction, and related problems in Columbus. The program focuses on three main areas: prevention, intervention and treatment, and harm reduction services.

- **Website:** columbus.gov
- **Address:** 240 Parsons Avenue Columbus, Ohio 43215
- **Treatment Services:** 614-645-6839
- **Prevention Services:** 614-645-2457 or 614-645-1342
- **Harm Reduction Services:** 614-645-6612

Columbus Springs

Columbus Springs provides evidence-based care for mental health and addiction concerns in three Columbus area locations. They offer emergency mental health services, inpatient and outpatient treatment and rehab, detox, and specialized child/adolescent programs.

- **Website:** columbussprings.com
- **Address:** 7625 Hospital Drive, Dublin, Ohio 43016
- **Phone:** 614-717-1800

- **Fax:** 614-689-0355
- **Community Reentry Center:** 614-252-0660
- **Email:** ColumbusSpringsinfor@lifepointhealth.net

House of Hope

House of Hope, Inc. provides alcohol and other drug treatment services to those who are most in need. Since 1959, the House of Hope has provided a safe place for residents of Franklin County to find a way to live new, sober, and productive lives.

- **Website:** hofhope.org
- **Address:** 825 Dennison Avenue Columbus, Ohio 43215
- **Phone:** 614-291-4691

Maryhaven

Maryhaven provides integrated behavioral health care services, with a specialization in addiction recovery care, to help men, women, and adolescents restore their lives from addiction and mental illness.

- **Website:** maryhaven.com
- **Address:** 1791 Alum Creek Drive Columbus, Ohio 43207
- **Phone:** 614-445-8131
- **General Admissions Fax:** 614-324-5422

The Ohio State University Wexner Medical Center (OSUWMC) - Talbot Hall

Talbot Hall offers a range of addiction treatment services, including outpatient psychotherapy, addiction medicine, intensive outpatient and partial hospitalization programs, and inpatient detoxification.

- **Website:** wexnermedical.osu.edu/locations/talbot-hall
- **Address:** Talbot Hall, 1441 Phale D Hale Drive, Columbus, OH 43203
- **Phone:** 614-257-3760

Children and Family

Buckeye Ranch

Buckeye Ranch provides a comprehensive continuum of mental health care for children, adolescents and families. Services include open residential, secure intensive residential, treatment foster care, equestrian and small-animal therapy, intensive in-home counseling and case management, outpatient office-based therapy, partial hospitalization and prevention education, and adolescent substance abuse treatment.

- **Website:** buckeyeranch.org
- **Address:** 5665 Hoover Road Grove City, Ohio 43123
- **Residential Treatment Services:** 614-875-2371

Huckleberry House

The Huckleberry House is a 24-hour safe and supportive alternative to life on the streets for teens. Services provided by the Huck House include: a crisis intervention program, a transitional living program, street outreach, aftercare services, project safe place, community education for parents and teens on runaway prevention and community events surrounding families and teenagers in crisis.

- **Website:** huckhouse.org
- **Address:** 1421 Hamlet Street Columbus, Ohio 43201
- **Phone:** 614-294-8097
- **Crisis Hotline:** 614-294-5553

Nationwide Children's Hospital Behavioral Health Services

NCH Behavioral Health Services provides routine outpatient, intensive community-based, crisis and day treatment, partial and acute care services to individuals and families. Specialized services include assessment and treatment for eating and mood disorders, conduct problems, AOD, trauma, autism spectrum, other developmental disorders, and ADHD.

- **Website:** nationwidechildrens.org/specialties/behavioral-health
- **Address:** 700 Children's Drive Columbus, Ohio 43205
- **Phone:** 614-722-2000
- **Request an Appointment:** 614-355-8080
- **Franklin County mental health crisis line:** 614-722-1800

Ohio Guidestone

Ohio Guidestone is a nonprofit organization that helps families, children and individuals who face some of life's most challenging situations, including mental illness, addiction, abuse, and behavioral issues. Ohio Guidestone offers home-based counseling, outpatient counseling, autism treatment services, school-based services, psychiatric services, and psychological intervention services.

- **Website:** ohioguidestone.org
- **Address:** 515 E. Main Street, Suite 3B, Columbus, Ohio 43215
- **Phone:** 888-522-9174

St. Vincent Family Centers

St. Vincent Family Center (SVFC) is a community resource providing pediatric behavioral health care for children ages 0-18 years old with significant emotional and mental health challenges. They offer a wide array of services including community-based treatment, early childhood mental health treatment, intensive home-based services, and outpatient family services.

- **Website:** svfc.org
- **Address:** 1490 East Main Street, Columbus, Ohio 43205
- **Phone:** 614-252-0731

Older Adults

Central Ohio Area Agency on Aging

The Central Ohio Area Agency on Aging (COAAA) provides information, resources and education to the community. They also provide services for elderly residents to continue independent living in their own homes.

- **Website:** coaaa.org
- **Address:** 3776 S. High Street Columbus, Ohio 43207
- **Phone:** 614-645-7250

National Church Residences

National Church Residences serves more than 42,000 seniors through its array of housing and health care services. The not-for-profit organization is driven by a vision of advancing better living for all seniors, enabling them to remain home for life.

- **Website:** nationalchurchresidences.org
- **Address:** 2335 North Bank Drive Columbus, Ohio 43220
- **Phone:** 800-388-2151

Domestic Violence

The Center for Family Safety and Healing

The Center for Family Safety and Healing fully addresses all aspects of family violence, including child abuse and neglect, teen dating abuse, domestic violence and elder abuse, thanks to an impressive combination of public and private resources.

- **Website:** familysafetyandhealing.org
- **Address:** 655 East Livingston Avenue, Columbus, OH 43205
- **Phone:** 614-772-8200

LSS CHOICES, Eliminating Domestic Violence

CHOICES for Victims of Domestic Violence is a domestic violence emergency shelter in Franklin County offering temporary shelter, a 24-hour crisis and information hotline, and counseling services.

- **Website:** choicescolumbus.org
- **Mailing Address:** 1105 Schrock Rd., Ste 100, Columbus, OH 43229
- **Crisis Hotline:** 224-4663 (V/TTY)
- **Phone:** 614-224-7200

Career

Southeast Healthcare

Southeast Healthcare provides career readiness and job development services for people with mental illnesses and other barriers to employment.

- **Website:** southeasthc.org
- **Address:** 3770 North High Street, Columbus, Ohio 43214
- **Phone:** 614-294-7117

Supportive Counseling

Aaron Knapp at Ebb & Flow Counseling

Aaron Knapp is a Licensed Professional counselor offering holistic counseling, both in-person and virtual. He tailors his therapeutic approach to best fit the needs, strengths, and goals of each individual client, which may integrate elements of Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Motivational Interviewing, or Acceptance and Commitment Therapy (ACT).

- **Website:** ebbandflowcounseling.com
- **Address:** multiple locations
- **Phone:** 216-543-5232

Central Ohio Counseling & Wellness

Founded in 1985, Central Ohio Counseling & Wellness is a group of mental health professionals who strive to provide welcoming, compassionate, effective, and dignified care to the community. They offer a variety of services, from counseling to medication management, with in-office and telehealth appointments.

- **Website:** centralohiocounseling.com
- **Address:** 1035 Proprietors Rd., Worthington, Ohio 43085
- **Phone:** 614-785-1115
- **Fax:** 614-785-0095

Holistic Consultation

Holistic Consultation is the Midwest's premier holistic mental health counseling practice featuring nearly 30 therapists providing innovative care in a welcoming, safe, and supportive environment.

- **Website:** holisticconsultationllc.com
- **Address:** 3857 N. High St., Suites 200, 201, 303-305, Columbus, Ohio 43214
- **Phone:** 614-607-0980

Community Services

Columbus Urban League

The Columbus Urban League empowers African Americans, disadvantaged persons, and families with life-changing strategies to reach and maintain self-reliance, opportunity, and civil rights. Individual dignity and family stability are the League's ultimate goals.

- **Website:** cul.org
- **Address:** 788 Mt. Vernon Avenue Columbus, Ohio 43203
- **Phone:** 614-257-6300

LSS 211 Central Ohio

LSS 211 Central Ohio offers 2-1-1, a comprehensive, community-wide information and referral service database containing services throughout Franklin County.

- **Website:** lssnetworkofhope.org/211centralohio
- **Address:** 1105 Schrock Rd., Ste 100, Columbus, Ohio 43229
- **Phone:** 614-228-5200

Mental Health America of Ohio

Mental Health America of Ohio is dedicated to promoting mental health, preventing mental disorders and raising awareness and understanding of mental health issues through advocacy, education and support services in our community.

- **Website:** mhaohio.org
- **Address:** 2323 West Fifth Avenue, Suite 160 Columbus, Ohio 43204
- **Phone:** 614-221-1441
- **Fax:** 614-221-1491
- **Email:** info@mhaohio.org

National Alliance on Mental Illness

NAMI Franklin County is dedicated to improving the quality of life for people with mental illness and their families through support, education, and advocacy. The advocate at the county, state and national levels for non-discriminatory access to quality healthcare, housing, education and employment for people with mental illness.

- **Website:** namifranklincounty.org
- **Address:** 1225 Dublin Road, Suite 050, Columbus, Ohio 43215
- **Phone:** 614-501-6264
- **Email:** mail@namifc.org

The P.E.E.R. Center

The P.E.E.R. Center is a drop-in wellness, recovery, and support center. Since 2007, their mission is to provide a safe place where individuals receive respect, encouragement, and hope that supports and strengthens recovery from mental illness, addiction, or trauma.

- **Website:** thepeercenter.org
- **Address:** 205 N. Hamilton Road, Columbus, Ohio 43213
- **Phone:** 614-453-4830
- **Fax:** 614-453-4845
- **The Warm Line:** 614-358-8255 (5PM – 3AM daily)