Attention!

This is a representative syllabus.

The syllabus for the course when you enroll may be different.

Use the syllabus provided by your instructor for the most up-to-date information. Please refer to your instructor for more information for the specific requirements for a given semester.

Feel free to contact the Psychology Advising Office for any questions regarding psychology courses either by email (psychadvising@osu.edu) or phone (614.292.5750).

Thank you!
MAKE SURE CANVAS NOTIFICATIONS IS TURNED ON

YOU NEED TO READ THIS SYLLABUS AND FOLLOW ACCORDING TO ITS POLICIES AND SCHEDULE. NOT KNOWING THE SCHEDULE AND PROCESS AND PROCEDURES WILL NOT BE ACCEPTED AS AN EXCUSE.

When needing information or to ask questions, please contact the course assistant

Course description

The purpose of this course is to provide an introduction to the history, theories, research, and practice of counseling psychology. While I will discuss counseling skills, this is not a lab course and students will not develop hands-on counseling skills. The history as well as the current status of the profession of counseling psychology will be discussed. In addition, the values of the field and underlying assumptions will be described. We will explore scientific, professional, and ethical aspects of counseling psychology. We will discuss different theoretical approaches to counseling. We will discuss specific issues and challenges that confront the field of counseling psychology. There may be times when group Zoom sessions are offered to discuss the material in the text and counseling psychology. These can be very helpful as I have been in clinical practice for almost 25 years and can bring more life to the subjects discussed in the text. These meetings are not mandatory as this class is being offered asynchronously.

Course learning outcomes

1. Students will receive an introduction to the profession and specialty of counseling psychology. We will distinguish counseling psychology from other applied psychology professions as well as distinguish it from other related human-service professions.

2. Students will receive an overview of the various approaches to applied counseling.
3. Students will receive an overview of the process of counseling with individuals, couples, families, groups, and children.

4. Professional and ethical issues that impact the field of counseling psychology will be discussed.

5. The progressive steps associated with becoming an independently licensed psychologist will be explored.
HOW THIS COURSE WORKS

Mode of delivery: There are assigned class meetings. We will meet via Zoom most Tuesdays. Thursdays will mostly be reserved for audio/video lectures or interviews. **This class is being delivered synchronously and asynchronously.**

**ZOOM lectures will take place Tuesdays and an occasional Thursday at 2:20-3:40. Everyone is expected to attend and show your face, not just your name. See schedule below and assignments in Carmen.**

Zoom sessions are the most important part of the class and where you will learn the most. I have been in clinical practice for 25 years and can bring more life to the textbook materials and topics. Some audio lectures by Dr. Kays will also be available for some chapters in the required text. When audio lectures are assigned or other videos, we will not meet via Zoom on that date. All material – chapter readings, assigned readings or videos and audio lectures are subject to being questions on the exams. **The audio lectures are listed in the syllabus and in Assignments. The Audio Lectures will be on Carmen Canvas under the section “Files”**

Attendance and participation requirements: There are assigned class meetings. We will meet via Zoom most Tuesdays and an occasional Thursday. **This class is being delivered synchronously and asynchronously.**

**ZOOM lectures will take place most Tuesdays and an occasional Thursdays at 2:20-3:40. Everyone is expected to attend and show your face, not just your name. Zoom lectures WILL NOT be recorded**

COURSE MATERIALS AND TECHNOLOGIES

Textbook (Required)


Course technology

For help with your password, university email, Carmen, or any other technology issues, questions, or requests, contact the OSU IT Service Desk. Standard support hours are available at [https://ocio.osu.edu/help/hours](https://ocio.osu.edu/help/hours), and support for urgent issues is available 24/7.

- **Self-Service and Chat support:** [http://ocio.osu.edu/selfservice](http://ocio.osu.edu/selfservice)
- **Phone:** 614-688-HELP (4357)
- **Email:** [8help@osu.edu](mailto:8help@osu.edu)
- **TDD:** 614-688-8743
BASELINE TECHNICAL SKILLS FOR ONLINE COURSES

• Basic computer and web-browsing skills
• Navigating Carmen: for questions about specific functionality, see the Canvas Student Guide.

REQUIRED TECHNOLOGY SKILLS SPECIFIC TO THIS COURSE

• CarmenZoom text, audio, and video chat
• Recording a slide presentation with audio narration
• Recording, editing, and uploading video

REQUIRED EQUIPMENT

• Computer: current Mac (OS X) or PC (Windows 7+) with high-speed internet connection
• Webcam: built-in or external webcam, fully installed and tested
• Microphone: built-in laptop or tablet mic or external microphone
• Other: a mobile device (smartphone or tablet) or landline to use for BuckeyePass authentication

REQUIRED SOFTWARE

• Microsoft Office 365: All Ohio State students are now eligible for free Microsoft Office 365 ProPlus through Microsoft’s Student Advantage program. Full instructions for downloading and installation can be found at go.osu.edu/office365help.
• Tophat: All Ohio State students have free access to Tophat, a classroom response system that can be used from all types of mobile phones, computers, and tablets. Click here for help getting started with Tophat.

CARMEN ACCESS

You will need to use BuckeyePass multi-factor authentication to access your courses in Carmen. To ensure that you are able to connect to Carmen at all times, it is recommended that you take the following steps:

• Register multiple devices in case something happens to your primary device. Visit the BuckeyePass - Adding a Device help article for step-by-step instructions.
• Request passcodes to keep as a backup authentication option. When you see the Duo login screen on your computer, click “Enter a Passcode” and then click the “Text me new codes” button that appears. This will text you ten passcodes good for 365 days that can each be used once.
• Download the Duo Mobile application to all of your registered devices for the ability to generate one-time codes in the event that you lose cell, data, or Wi-Fi service.
If none of these options will meet the needs of your situation, you can contact the IT Service Desk at 614-688-4357 (HELP) and the IT support staff will work out a solution with you.
Grading

How your grade is calculated

<table>
<thead>
<tr>
<th>ASSIGNMENT CATEGORY</th>
<th>POINTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam #1</td>
<td>100</td>
</tr>
<tr>
<td>Exam #2</td>
<td>100</td>
</tr>
<tr>
<td>Exam #3</td>
<td>100</td>
</tr>
<tr>
<td>Total</td>
<td>300</td>
</tr>
</tbody>
</table>

See course schedule below for exam dates.

Extra Credit

Because of the size of the class, there will not be any opportunities for extra credit

Post Exam

Please wait at least 48-hours after an exam to contact me about questions on the exam. I need this time to look at overall scores and questions. I will not respond before 48-hours if you do happen to send an email about exam scores or questions

Late exams

Late exams will not be accepted. Please see below for dates of exams.

Grading scale

93–100: A
90–92.9: A-
87–89.9: B+
83–86.9: B
80–82.9: B-
77–79.9: C+
73–76.9: C
70 –72.9: C-
67 –69.9: D+
60 –66.9: D
Below 60: E

Feedback and response time

I am providing the following list to give you an idea of my intended availability throughout the course. (Remember that you can call 614-688-HELP at any time if you have a technical problem)

- **Your first line of contact needs to be Course Assistant Jocelyn Shoemake. Please contact her via carmen to ensure she receives your message in a timely manner.**

- **Email:** We will reply to emails within **48 hours on days when class is in session at the university.** If you have not heard back from us in 48 hours, please email us again as sometimes emails get into the junk box or another email box.
OTHER COURSE POLICIES

Examinations

There will be three exams administered in this course. Each exam will cover unique material. All three exams will be multiple choice. There will be 50 multiple choice questions per exam. Material for the exams will be taken from the assigned readings, Zoom sessions, videos, and audio lectures. Each exam is worth 100 points. All exams will be conducted through Carmen Canvas.

**Please note:** All exams will be available on Carmen for a 5-hour period on the date indicated on the syllabus. Students will be permitted to take the exam at any time during this window. However, exams will be timed (5 hours maximum) and include additional measures outlined by the instructor to ensure security and test-integrity. At 11:59 pm EST on the date of the exam, the window will close and the exam can no longer be taken.

Academic integrity policy

POLICIES FOR THIS ONLINE COURSE

- **Exams:** You must complete the exams yourself, without any external help from other students or people or communication.

OHIO STATE’S ACADEMIC INTEGRITY POLICY

Academic integrity is essential to maintaining an environment that fosters excellence in teaching, research, and other educational and scholarly activities. Thus, The Ohio State University and the Committee on Academic Misconduct (COAM) expect that all students have read and understand the University's Code of Student Conduct, and that all students will complete all academic and scholarly assignments with fairness and honesty. Students must recognize that failure to follow the rules and guidelines established in the University’s Code of Student Conduct and this syllabus may constitute “Academic Misconduct.”

The Ohio State University’s Code of Student Conduct (Section 3335-23-04) defines academic misconduct as: “Any activity that tends to compromise the academic integrity of the University, or subvert the educational process.” Examples of academic misconduct include (but are not limited to) plagiarism, collusion (unauthorized collaboration), copying the work of another student, and possession of unauthorized materials during an examination. Ignorance of the University’s Code of Student Conduct is never considered an excuse for academic misconduct, so I recommend that you review the Code of Student Conduct and, specifically, the sections dealing with academic misconduct.

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic
misconduct. The term “academic misconduct” includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the Code of Student Conduct http://studentlife.osu.edu/csc/.

If you have any questions about the above policy or what constitutes academic misconduct in this course, please contact me.

Other sources of information on academic misconduct (integrity) to which you can refer include:

- The Committee on Academic Misconduct web pages (COAM Home)
- Ten Suggestions for Preserving Academic Integrity (Ten Suggestions)
- Eight Cardinal Rules of Academic Integrity (www.northwestern.edu/uacc/8cards.htm)

Copyright disclaimer

The materials used in connection with this course may be subject to copyright protection and are only for the use of students officially enrolled in the course for the educational purposes associated with the course. Copyright law must be considered before copying, retaining, or disseminating materials outside of the course.

Statement on Title IX

Title IX makes it clear that violence and harassment based on sex and gender are Civil Rights offenses subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories (e.g., race). If you or someone you know has been sexually harassed or assaulted, you may find the appropriate resources at http://titleix.osu.edu or by contacting the Ohio State Title IX Coordinator, Kellie Brennan, at titleix@osu.edu

Your mental health

As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce a student’s ability to participate in daily activities. The Ohio State University offers services to assist you with addressing these and other concerns you may be experiencing. If you or someone you know are suffering from any
of the aforementioned conditions, you can learn more about the broad range of confidential mental health services available on campus via the Office of Student Life’s Counseling and Consultation Service (CCS) by visiting ccs.osu.edu or calling 614-292-5766. CCS is located on the 4th Floor of the Younkin Success Center and 10th Floor of Lincoln Tower. You can reach an on call counselor when CCS is closed at 614-292-5766 and 24 hour emergency help is also available through the 24/7 National Suicide Prevention Hotline at 1-800-273-TALK or at suicidepreventionlifeline.org

ACCESSIBILITY ACCOMMODATIONS FOR STUDENTS WITH DISABILITIES

Requesting accommodations

The University strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please let me know immediately so that we can privately discuss options. To establish reasonable accommodations, I may request that you register with Student Life Disability Services. After registration, make arrangements with me as soon as possible to discuss your accommodations so that they may be implemented in a timely fashion. SLDS contact information: slds@osu.edu; 614-292-3307; slds.osu.edu; 098 Baker Hall, 113 W. 12th Avenue.

Accessibility of course technology

This online course requires use of Carmen (Ohio State's learning management system) and other online communication and multimedia tools. If you need additional services to use these technologies, please request accommodations with your instructor.

- Carmen (Canvas) accessibility
- Streaming audio and video
- Synchronous course tools
# COURSE SCHEDULE: SPRING 2022

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
<th>Topic</th>
<th>Chapters</th>
<th>Zoom/Videos/Audio Lectures</th>
<th>Dates of Exams</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Week of January 10, 2022</td>
<td>Professional Psychology in Context; Historical Development of Professional Psychology</td>
<td>1-2</td>
<td>Live Zoom Session January 11&lt;br&gt;Live Zoom Session January 13</td>
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<tr>
<td>2</td>
<td>Week of January 17, 2022</td>
<td>Issues in Psychological Assessment and Measurement; Methods of Clinical Assessment</td>
<td>3</td>
<td>Live Zoom Session January 18&lt;br&gt;Live Zoom Session January 20</td>
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<tr>
<td>3</td>
<td>Week of January 24, 2022</td>
<td>Methods of Clinical Assessment</td>
<td>4</td>
<td>Live Zoom Session January 25&lt;br&gt;January 27 - Two Audio Files – Chapter 4 – in “Files” on Carmen; No Live Zoom Session</td>
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<tr>
<td>4</td>
<td>Week of January 31, 2022</td>
<td>Sigmund Freud and Psychoanalysis</td>
<td>6</td>
<td>Live Zoom Session – February 1&lt;br&gt;February 3 – One Audio File on Chapter 6 in “Files” on Carmen; No Live Zoom Session</td>
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<tr>
<td>5</td>
<td>Week of February 7, 2022</td>
<td>Relational Approaches to Psychoanalysis</td>
<td>7</td>
<td>Live Zoom Session – February 8th&lt;br&gt;February 10 – Audio File on Chapter 7; No Live Zoom Session</td>
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<tr>
<td>6</td>
<td>Week of February 14</td>
<td>Exam #1 – Chapters 1, 2, 3, 4, 6, 7, videos, audio lectures, Zoom lectures (24-hour window to take Exam #1, but allowed a total of 5-hours for exam. – February 15, 2022 at 12:00am to February 15, 2022 at 11:59p, No Class on February 15, 2022</td>
<td>8</td>
<td>Exam on February 15, 2022; No Class on February 15, 2022&lt;br&gt;February 17th – Live Zoom Session – Chapter 8</td>
<td>Exams – Chapters 1, 2, 3, 4, 6, 7, videos, audio lectures, Zoom lectures (24-hour window to take Exam #1, but allowed a total of 5-hours for exam. – February 15, 2022 at 12:00am to February 15, 2022 at 11:59p, No Class on February 15, 2022</td>
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<tr>
<td>Week</td>
<td>Dates</td>
<td>Course Title</td>
<td>Activities</td>
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<td>7</td>
<td>Week of February 21, 2022</td>
<td>Client- and Person-Centered Therapies</td>
<td>8. Live Zoom Session - February 22nd&lt;br&gt;February 24th – Two Audio Sessions on Chapter 8 and the following videos. No Live Zoom Session on the 24th.</td>
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<td>8</td>
<td>Week of February 28, 2022</td>
<td>Experiential and Existential Psychotherapies</td>
<td>9. LIVE ZOOM MARCH 1ST&lt;br&gt;MARCH 3RD – THREE AUDIO SESSIONS ON “FILES” IN CARMEN; CHAPTER 9; NO LIVE ZOOM SESSION ON THE 3RD</td>
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<tr>
<td>9</td>
<td>Week of March 7, 2022</td>
<td>Behavioral Approaches to Therapy and Cognitive- and Cognitive-Behavioral Approaches to Psychotherapy</td>
<td>10-11. LIVE ZOOM SESSION ON MARCH 8th, 2022&lt;br&gt;Audio Sessions on Chapter 10 and 11 for March 10th, 2022; Audios under “Files” in Carmen; No live Zoom session on March 10th</td>
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<tr>
<td>10</td>
<td>Week of March 14, 2022</td>
<td>Spring Break – No Class</td>
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<tr>
<td>11</td>
<td>Week of March 21, 2022</td>
<td>Behavior and Biology</td>
<td>Chapter 12&lt;br&gt;Live Zoom Session March 22nd&lt;br&gt;Audio Session on Chapter 12 – March 24th – No Live Zoom Class</td>
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<td>12</td>
<td>Week of March 28, 2022</td>
<td>Exam #2 – Chapters 8, 9, 10, 11, 12, videos, Zoom and audio lectures (24-hour window to take Exam #2, with a total of 5-hours total to complete the exam in that 24 hour; Exam open from Exam on March 29th – No Class on March 29th</td>
<td>Exam #2 – Chapters 8, 9, 10, 11, 12, videos, Zoom and audio lectures (24-hour window to take Exam #2, with a total</td>
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<tr>
<td>Week</td>
<td>Date</td>
<td>Topic</td>
<td>Schedule</td>
<td>Notes</td>
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<tr>
<td>13</td>
<td>Week of April 4, 2022</td>
<td>Marriage, Family, and Child Therapy</td>
<td>13</td>
<td>Audio Lectures – March 31st – No Zoom Session – Chapter 13; Audio Lectures under “Files” on Carmen of 5-hours total to complete the exam in that 24 hour; Exam open from March 29, 2022 at 12:00am to March 22, 2022 at 11:59p, There will not be class on March 29, 2022</td>
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<tr>
<td>13</td>
<td>Week of April 11, 2022</td>
<td>Postmodernism, Diversity, and Contemporary Therapy Approaches</td>
<td>13; 15</td>
<td>Live Zoom Session – Chapter 13 – April 12th Audio lectures on Chapter 13 and 15 – April 14th; In Carmen under “Files”; No Live Zoom Session</td>
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<tr>
<td>14</td>
<td>Week of April 18, 2022</td>
<td>Professional, Ethical, Legal and Social Issues</td>
<td>16</td>
<td>Live Zoom Session – April 19th April 21st - Live Audio in “Files” Under Carmen on Chapter 16</td>
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</tr>
<tr>
<td>15</td>
<td>Week of April 25, 2022</td>
<td>EXAM #3 - Chapters 13, 15, 16, videos, Zoom and audio lectures (24-hour window to take Exam #3 – you will have 5 total hours to complete exam on Tuesday April 26, 2022 at 12:00am to Tuesday April 26 at 11:59pm</td>
<td>15</td>
<td>EXAM #3 - Chapters 13, 15, 16, videos, Zoom and audio lectures (24-hour window to take Exam #3 – you will have 5 total hours to complete exam on Tuesday April 26, 2022 at 12:00am to Tuesday April 26 at 11:59pm</td>
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</table>