

Attention!

This is a *representative* syllabus.
The syllabus for the course when you enroll may be
different.

Use the syllabus provided by *your* instructor for the
most up-to-date information. Please refer to your
instructor for more information for the specific
requirements for a given semester.

Feel free to contact the Psychology Advising Office for
any questions regarding psychology courses either by
email (psychadvising@osu.edu) or phone
(614.292.5750).

Thank you!

3331 Fall 2021 Online Course Overview

Course Description

- Introduce terms, concepts, and scientific approaches that will allow you to understand how our biology, thoughts, feelings, and behaviors that cause psychological problems in our lives (and allow us to thrive).
- Empower you to be a critical consumer of psychological explanations.
- Inspire your curiosity and prepare you for advanced study in psychology or related interdisciplinary fields.

Course Learning Outcomes

- Describe and evaluate the historical and cultural viewpoints as well as current theoretical views of psychological disorders.
- Compare and contrast the symptoms of psychological disorders with non-pathological behaviors.
- Describe the clinical picture and discuss clinical assessment of each of the major psychological disorders (e.g. anxiety, somatoform, mood, personality, and psychotic disorders as well as addictions) using the DSM for reference.
- Evaluate the relevance of current and past research within clinical and counseling psychology.
- Distinguish myths and misconceptions from facts regarding psychological illness and therapy and apply facts to understanding of diagnosis, etiology, prognosis, and treatment of psychological disorders.
- Evaluate ethical issues regarding treatment and current status of treatment resources.
- Assess and critically analyze theories, research methods and findings (outcomes), and applications developed by psychologists and made available through textbooks, newspapers, professional and lay periodicals, and the internet.

Course Materials

Required

- Abnormal Psychology 17th edition by Jill M. Hooley, James N. Butcher, Matthew K. Nock, & Susan Mineka. Boston: Pearson.
- Books can be ordered via the URL below:

<https://tinyurl.com/W21-PSYCH-331-28418>

Hardcopy, electronic, and rental versions are available at local bookstores. Any are acceptable.

Please note, there is an 18th edition available, but I will be working off of the 17th edition this semester.

How This Course Works

Mode of delivery:

- 100% online delivery.
- There are many opportunities interaction with the instructor

Pace of online activities: This course is divided into **weekly modules**. Students are expected to keep pace with weekly deadlines but may schedule their efforts freely within that time frame.

- In order to scaffold your work, there are weekly lectures, discussions, and assignments
 - Sundays at 11:59pm will be the deadline for any assignments/discussion participations

Credit hours and work expectations: This is a **3-credit-hour course**. According to [Ohio State policy](#), students should expect around 3 hours per week of time spent on direct instruction (instructor content and Carmen activities, for example) in addition to 6 hours of homework (reading and assignment preparation, for example) **to receive a grade of (C) average.**

Attendance and participation requirements: Because this is an online course, your attendance is based on your online activity and participation. The following is a summary of everyone's expected participation:

- **Participating in online activities for attendance: WEEKLY**
You are expected to log in to the course in Carmen multiple times each week. If you have a situation that might cause you to miss an entire week of class, discuss it with me *as soon as possible*.
- **Office hours: OPTIONAL**
All/any live, scheduled events for the course, including my office hours, are optional.
- **Participating in discussion forums: WEEKLY**
As part of your participation, each week you can expect to post weekly as part of our substantive class discussion on the week's topics.
- **Participating in writing assignments: WEEKLY**

Course Technology

Technology support

For help with your password, university email, Carmen, or any other technology issues, questions, or requests, contact the Ohio State IT Service Desk. Standard support hours are available at ocio.osu.edu/help/hours, and support for urgent issues is available 24/7.

- **Self-Service and Chat support:** ocio.osu.edu/help
- **Phone:** 614-688-4357(HELP)
- **Email:** servicedesk@osu.edu
- **TDD:** 614-688-8743

Technology skills needed for this course

- Basic computer and web-browsing skills
- Navigating Carmen (go.osu.edu/canvasstudent)
- CarmenZoom virtual meetings (go.osu.edu/zoom-meetings)
- Recording a slide presentation with audio narration (go.osu.edu/video-assignment-guide)
- Recording, editing, and uploading video (go.osu.edu/video-assignment-guide)

Required equipment

- Computer: current Mac (MacOs) or PC (Windows 10) with high-speed internet connection
- Webcam: built-in or external webcam, fully installed and tested
- Microphone: built-in laptop or tablet mic or external microphone
- Other: a mobile device (smartphone or tablet) to use for BuckeyePass authentication

Required software

- Microsoft Office 365: All Ohio State students are now eligible for free Microsoft Office 365. Full instructions for downloading and installation can be found at go.osu.edu/office365help.

Carmen access

You will need to use BuckeyePass (buckeyepass.osu.edu) multi-factor authentication to access your courses in Carmen. To ensure that you are able to connect to Carmen at all times, it is recommended that you take the following steps:

- Register multiple devices in case something happens to your primary device. Visit the BuckeyePass - Adding a Device help article for step-by-step instructions (go.osu.edu/add-device).

- Request passcodes to keep as a backup authentication option. When you see the Duo login screen on your computer, click **Enter a Passcode** and then click the **Text me new codes** button that appears. This will text you ten passcodes good for 365 days that can each be used once.
- Download the Duo Mobile application (go.osu.edu/install-duo) to all of your registered devices for the ability to generate one-time codes in the event that you lose cell, data, or Wi-Fi service

Grading

How your grade is calculated:

ASSIGNMENT CATEGORY	POINTS
Discussion Posts/Comments (7 weeks, 5 points per)	35
Writing Assignments (7, 10 points each)	70
Abnormal Psychology Project	30
Extra Credit	?!
<u>Total</u>	135 points

Description of major course assignments:

***Weekly Discussion Board:** Throughout the semester, the class will complete short discussion board writing related to course materials. The discussion boards are located on Carmen and will be chosen to illustrate portions of the course material and help students to understand the material better.

You will be expected to post at least ONCE weekly, based on a prompt I will give you. I want you to put thought and effort into your post. It should reflect careful thought and attention to the topic.

If you want to post BEYOND that one required post per week, feel free! I welcome all discussion, as it fuels the class learning environment.

***Writing Assignments:** Throughout the semester, I will assign you a weekly writing (or video) assignment. This could be based on an article, or a case study, or a question you need to answer.

***Abnormal Psychology Project:** You are to pick a topic discussed in class (from the topics listed below) and come up with a YouTube video intended to instruct a beginner student on the basics of this topic. Your presentation should be no longer than five minutes long, and will be graded on originality, professionalism, depth of topic, participation, and methods of instruction.

You are expected to create an original video that is engaging, thoughtful, inspiring, and creative. Take an old, boring concept and make it fresh again, or teach one of the concepts in a new, novel way! You are only limited by your creativity and effort!

Potential topics could include:

- *The influence of social media (on body image, confidence, anxiety)
- *Anxiety disorders
- *Addiction (substances, pornography, gaming)
- *Mood disorders
- *Stress
- *PTSD
- *Eating disorders
- *Personality disorders

Grading for the Abnormal Psychology Project will be as follows:

Creativity (how original was this video? Are there others like it?)	10 pts
Professionalism (editing, transitions, aesthetics, etc)	10 pts
Topic depth (how well did you teach it? Did you make it easy to learn?)	10 pts
	30 pts

Late assignments: Late submissions will be accepted at reduced credit, of course, unless you have a prior excuse. Assignments that are UP TO ONE WEEK late are docked 3 pts (out of 10) off the top (you may lose more if the assignment isn't done well. Assignments turned in LATER THAN ONE WEEK past the due date will be docked 5 pts off the top (you may lose more if the assignment isn't done well).

There will be NO CREDIT given for late projects, since there is a deadline for turning in grades to the registrar. If you are experiencing difficulties with your project, contact me as early as possible so we can work together to find a solution.

Grading Scale

- 93–100: A
- 90–92.9: A-
- 87–89.9: B+
- 83–86.9: B
- 80–82.9: B-

77–79.9: C+
73–76.9: C
70 –72.9: C-
67 –69.9: D+
60 –66.9: D
Below 60: E

Instructor feedback and response time:

I am providing the following list to give you an idea of my intended availability throughout the course. (Remember that you can call **614-688-HELP** at any time if you have a technical problem.)

- **Grading and feedback:** For weekly assignments, you can generally expect feedback within **2 days**.
- **Email:** I will reply to emails within **24 hours on weekdays when class is in session at the university**.
- **Discussion board:** I will check and reply to messages in the discussion boards every **24 hours on school days (M-F)**.
- **Office hours:** I will hold office hours when needed, where you can check in, ask questions, etc, *via Zoom*. These meetings are **OPTIONAL**, but are there for you in case you need anything.

Other course policies

Discussion, Netiquette, and Communication Guidelines:

The following are my expectations for how we should communicate as a class. Above all, please remember to be respectful and thoughtful.

- **Writing style:** While there is no need to participate in class activities/discussions as if you were writing a research paper, you should remember to write using good grammar, spelling, and punctuation. A more conversational tone is fine for non-academic topics.

- **Tone and civility:** Let's maintain a supportive learning community where everyone feels safe and where people can disagree amicably. Remember that sarcasm doesn't always come across online. Please do not engage other students with negative feedback about them as a person and remember to always rely on the data and to focus on the argument being made, not the person making it. Remember to adhere to the OSU Student Code of Conduct at all times - <https://studentconduct.osu.edu/>
- **Citing your sources:** For your contributions in this course, please cite your sources to back up what you say. (For the textbook or other course materials, list at least the title and page numbers. For online sources, include a link.)
- **What is said in class stays in class:** Please do not share any course materials or student contributions outside of this class without clear written permission from the student involved AND myself. Any stories I personally share about work I have done will include name changes, and changes in identifying information, for the sake of everyone's privacy.

Zoom/Videoconferencing Guidelines

Some of our interactions in this class will occur through Zoom videoconferencing. Because this mode of discussion has benefits and challenges that differ from in-person class sessions, I want to share my expectations for how we will meet and communicate:

- **Technical Issues:** If you encounter a technical issue with Zoom during a session, first make sure you are using the latest version of Zoom. Next, contact the IT Service Desk at <http://go.osu.edu/it> or 614-688-4357(HELP). If issues continue, contact me after the session to learn how to make up for the missed content either via a recording or other means.

Ohio State's academic integrity policy

Academic integrity is essential to maintaining an environment that fosters excellence in teaching, research, and other educational and scholarly activities. Thus, The Ohio State University and the Committee on Academic Misconduct (COAM) expect that all students have read and understand the university's *Code of Student Conduct* (studentconduct.osu.edu), and that all students will complete all academic and scholarly assignments with fairness and honesty. Students must recognize that failure to follow the rules and guidelines established in the university's *Code of Student Conduct* and this syllabus may constitute "Academic Misconduct."

The Ohio State University's *Code of Student Conduct* (Section 3335-23-04) defines academic misconduct as: "Any activity that tends to compromise the academic integrity of the university or subvert the educational process." Examples of academic misconduct include (but are not limited to) plagiarism, collusion (unauthorized collaboration), copying the work of another student, and possession of unauthorized materials during an examination. Ignorance of the university's *Code of Student Conduct* is never considered an excuse for academic misconduct, so I recommend that you review the *Code of Student Conduct* and, specifically, the sections dealing with academic misconduct.

If I suspect that a student has committed academic misconduct in this course, I am obligated by university rules to report my suspicions to the Committee on Academic Misconduct. If you have any questions about the above policy or what constitutes academic misconduct in this course, please contact me.

It is the responsibility of the Committee on Academic Misconduct to investigate or establish procedures for the investigation of all reported cases of student academic misconduct. The term "academic misconduct" includes all forms of student academic misconduct wherever committed; illustrated by, but not limited to, cases of plagiarism and dishonest practices in connection with examinations. Instructors shall report all instances of alleged academic misconduct to the committee (Faculty Rule 3335-5-487). For additional information, see the Code of Student Conduct <http://studentlife.osu.edu/csc/>.

Other sources of information on academic misconduct (integrity) to which you can refer include:

- Committee on Academic Misconduct web page (go.osu.edu/coam)
- *Ten Suggestions for Preserving Academic Integrity* (go.osu.edu/ten-suggestions)
- *Eight Cardinal Rules of Academic Integrity* (go.osu.edu/cardinal-rules)

Statement on Title IX:

All students and employees at Ohio State have the right to work and learn in an environment free from harassment and discrimination based on sex or gender, and the university can arrange interim measures, provide support resources, and explain investigation options, including referral to confidential resources.

If you or someone you know has been harassed or discriminated against based on your sex or gender, including sexual harassment, sexual assault, relationship violence, stalking, or sexual exploitation, you may find information about your rights and options at titleix.osu.edu or by contacting the Ohio State Title IX Coordinator at titleix@osu.edu. Title IX is part of the Office of Institutional Equity (OIE) at Ohio State, which responds to all bias-motivated incidents of harassment and discrimination, such as race, religion, national origin and disability. For more information on OIE, visit equity.osu.edu or email equity@osu.edu.

Commitment to a Diverse and Inclusive Learning Environment:

The Ohio State University affirms the importance and value of diversity in the student body. Our programs and curricula reflect our multicultural society and global economy and seek to provide opportunities for students to learn more about persons who are different from them. We are committed to maintaining a community that recognizes and values the inherent worth and dignity of every person; fosters sensitivity, understanding, and mutual respect among each member of our community; and encourages each individual to strive to reach his or her own potential. Discrimination against any individual based upon protected status, which is defined as age, color, disability, gender identity or expression, national origin, race, religion, sex, sexual orientation, or veteran status, is prohibited.

Your Mental Health:

As a student you may experience a range of issues that can cause barriers to learning, such as strained relationships, increased anxiety, alcohol/drug problems, feeling down, difficulty concentrating and/or lack of motivation. These mental health concerns or stressful events may lead to diminished academic performance or reduce a student's ability to participate in daily activities. No matter where you are engaged in distance learning, The Ohio State University's Student Life Counseling and Consultation Service (CCS) is here to support you. If you find yourself feeling isolated, anxious or overwhelmed, on-demand resources are available at go.osu.edu/ccsondemand. You can reach an on-call counselor when CCS is closed at 614- 292-5766, and 24-hour emergency help is also available through the 24/7 National Prevention Hotline at 1-800-273-TALK or at suicidepreventionlifeline.org. The Ohio State Wellness app is also a great resource available at go.osu.edu/wellnessapp.

Accessibility Accommodations for Students with Disabilities

Requesting Accommodations:

The University strives to make all learning experiences as accessible as possible. If you anticipate or experience academic barriers based on your disability (including mental health, chronic or temporary medical conditions), please let me know immediately so that we can privately discuss options. To establish reasonable accommodations, I may request that you register with Student Life Disability Services. After registration, make arrangements with me as soon as possible to discuss your accommodations so that they may be implemented in a timely fashion. SLDS contact information: slds@osu.edu; 614-292-3307; slds.osu.edu; 098 Baker Hall, 113 W. 12th Avenue.

Accessibility of Course Technology:

This online course requires use of CarmenCanvas (Ohio State's learning management system) and other online communication and multimedia tools. If you need additional services to use these technologies, please request accommodations with me.

- [Canvas accessibility \(go.osu.edu/canvas-accessibility\)](https://go.osu.edu/canvas-accessibility)
- Streaming audio and video
- CarmenZoom accessibility (go.osu.edu/zoom-accessibility)
- Collaborative course tools

Course Schedule (Subject to adjustments)

Week	Dates	Topics, Readings, Assignments, Deadlines
1	10/18-10/24	Introduction, Syllabus Review Classification & Risk Factors, Chapters 1 & 3 Assignment #1 Due
2	10/25-10/31	Assessment, Chapter 4 Assignment #2 Due

Week	Dates	Topics, Readings, Assignments, Deadlines
3	11/1-11/7	Stress & PTSD, Chapter 5 Assignment #3 due
4	11/8-11/14	Anxiety & Mood Disorders, Chapters 6, 7 Assignment #4 due
5	11/15-11/21	Personality Disorders, Chapter 10 Assignment #5 due
6	11/22-11/28	Schizophrenia, Chapter 13 Assignment #6 due
7	11/29-12/5	Childhood Disorders, Chapter 15 Assignment #7 due
All weeks	Starting 10/18	**The Psychology Path** optional lecture **Metacognition** optional lecture
FINAL	12/5 at 11:59pm	Abnormal Psychology Project Due 12/5/21 at 11:59 pm

